



MENU

**15%
OFF**

*Spa***MANIA**
Wellness Center

OUR SERVICES



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Ultimate Package

Unlimited Spa Offer

This comes with upto 6 treatments of your choice from our massage menu. ie Body scrub, Thai massage, Moroccan bathn Hot stones, Hot towel, Facials, V.steam, Waxing and red light therapy.

10% Off for a group of more than 3 people



PRICE DROP

480,000 4hrs

~~600,000~~

500,000 5hrs

~~700,000~~

Stress Killer Booster



PRICE DROP

250,000 90min

~~280,000~~

280,000 2hrs

~~300,000~~

300,000 3hrs

~~350,000~~

Rejuvenate and soothe yourself with this 3 in one relaxing, pain relieving massage package which involves use of differnet techniques by the therapist.

ThaiMassage,Hot-stone,Bodyscrub,Aromatherapy free v-steam for women

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Strictly, NO SEX

Moroccan Bath

Ntinda
and
Kira Branches



A traditional cleansing practice which may have a range of health and cosmetic benefits.

A practitioner will use a soap to lather across your body, followed by a relaxing session in a steamy environment to help open the pores. Next, they will gently exfoliate your skin using a scrub to remove dead skin cells and toxins

Sugar Scrub	180,000	2hrs
Sea salt Scrub	200,000	2hrs
Tumeric Scrub	220,000	2hrs
Coffee & honey + milk Scrub	250,000	2hrs
Massage + Moroccan Bath	300,000	2hrs
Stress Killer + Moroccan Bath	380,000	Special 3hrs

SpaMania Heavenly Combo

Feel refreshed and relaxed. A mixture of essential oils will exfoliate and moisturise the whole body, leaving the skin feeling refreshed and toned.

Comes with Mini facial, Hotstones, Moroccan bath & a scrub of your choice

300,000

3hrs

350,000





SpaMania Self Love Therapy

Facial, Aromatherapy, sea salt scrub, Foot reflexology

250,000

3hrs

~~280,000~~



Integrated Therapy

Is a massage session in which a bunch of techniques are integrated with one another. it's the art and science of combining numerous techniques/ modalities into a single session to give the client the best possible results.

Deep tissue, Hot-towel, Thai massage, Tumeric scrub

280,000

2hrs

~~350,000~~

300,000

3hrs

~~400,000~~

Jacuzzi

PARTY PACKAGE

A system of underwater jets of water to massage the body. Warm water flows through small holes, producing a pleasant, bubbling effect

4 people	680,000	400,000
3 people	510,000	400,000
2 people	500,000	400,000
1 person	450,000	400,000
	With Massage	Without Massage

6HRS SESSION

Comes with bottle of wine, Movie, Juice, Tea, Fruit, Steam bath, Decoration, Picture (Jacuzzi for the Birthday person)



Jaccuzi + Stress Killer Booster

Jaccuzi, Massage, Hot-stone, Body scrub, Aromatherapy free v-steam for women

PRICE DROP

Single Person	300,000	2hrs
Couples	580,000	3hrs

Couple's Pack

Couple's Rejuvenation

A rejuvenation session accompanied with; Romantic movie, Glass of wine, Juice, Fruits, Moroccan bath, Jacuzzi, Aromatherapy, Steam, Sauna and Scrub of your choice



590,000 4hrs

Lover's Reconciliation Pack

Hot stones
Moroccan bath
Sea salt scrub
Steam + sauna
Glass of wine
Juice & Fruit platter

~~660,000~~

500,000 4hrs

Couple Jacuzzi Therapy

Amoristic Therapy



Jacuzzi experience, Romantic movie, Bottle of wine, Juice, Tea, Fruit platter, Steam, Sauna (WITHOUT MASSAGE)

300,000 4hrs

Couple Retreat

Jacuzzi experience, Romantic movie, glass of wine, Juice, Herbal tea, Fruit platter, Steam, Sauna and Aromatherapy

340,000 4hrs

Turkish Bath

Exfoliate Bath

180,000

2hrs

200,000

3hrs

Turkish exfoliating bath is a type of steam bath or a place of public bathing. A Turkish bath is a hot steam hydro-therapy treatment which has a miraculous effect on both the mental and physical state of everyone able to enjoy its benefits, ie Relieves stress, Cleans the skin , Eliminates toxins, Improves blood circulation, Clears respiratory tract



Freedom
city
branch

Vajacial Special

Vajacials as it sounds, facials performed on the vaginal area of the body. Vajacials focus only on the bikini line, pubic mound (the V-shaped area where pubic hair grows), and outer labia, nothing is inserted or applied to the inside of the vagina.

The purpose of a vajacial is to minimize ingrown hair, keep the pubic area nicely exfoliated and smooth

Vajacial,
V-steam,
Bikini waxing



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250,000

Body Waxing

A body waxing involves removal of your skin hair using special wax, which can be hot or cold, that adheres to hair and pulls them out, leaving our skin smooth and soft by getting rid of unwanted hair. Eyebrows, face, pubic hair (called bikini waxing), legs, arms, back, abdomen, knuckles, and feet. can all be waxed



Armpits	30,000	Upper Lip waxing	10,000
Brazilian	70,000	Chin waxing	20,000
Bikini Line	70,000	Half leg waxing	50,000
Full Bikini waxing	100,000	Full bodywaxing	280,000



Kira
Branch

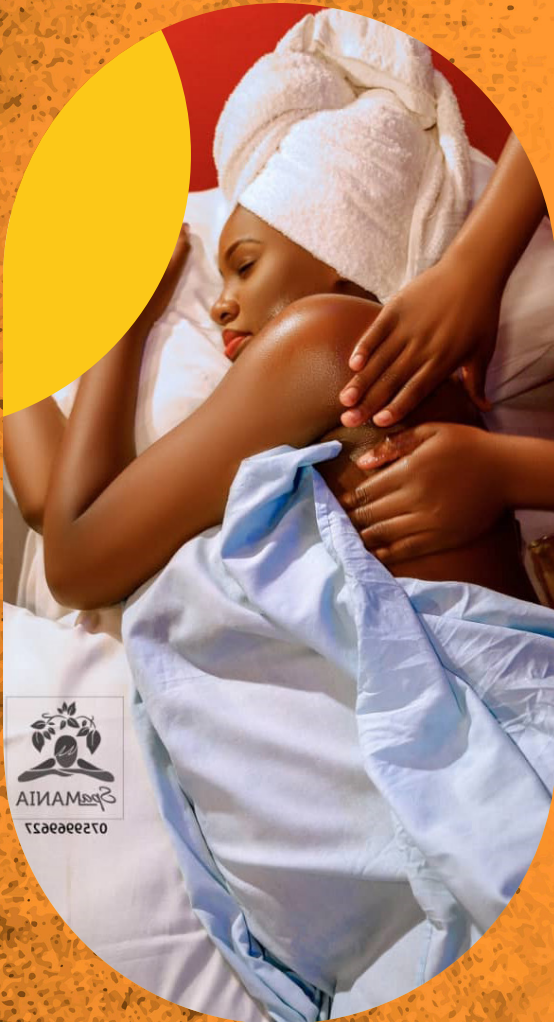
Fat Reduction

Wood Therapy

Wood therapy massage combines the relaxation and rejuvenation of a traditional massage with modern techniques that treat all types of “problem areas” on your body to release muscle tension

200,000

2hrs



Crocodile Walk

FOUR-HANDS MASSAGE

In a four-hands massage, two therapists work on one client, often using synchronized moves. A four-hands massage can be like experiencing two full body massages at the same time. Good massage therapists will use the client's body as a form of canvas onto which they choreograph slow, detailed moves of varying paces and pressures.

This is a powerful treatment for anyone who has a hard time letting go during treatments.

250,000

60min

300,000

90min

400,000

3hrs





Thai Massage



This is a traditional Thai style. It's a combination of gentle movements, acupressure, guided stretching, Is best for people who want a more active form of massage and want to reduce and relieve pain and stress. It help improve flexibility, circulation, energy levels

150,000

60min

170,000

90min

190,000

2hrs

Body Scrub

A body scrub is a popular body treatment. It exfoliates and hydrates your skin, leaving it smooth and soft. A body scrub is done with an abrasive material usually sea salt scrub or sugar mixed with some kind of massage oil and an aromatic like essential oils

Sugar Scrub	100,000	Sugar Scrub + Massage	140,000
Salt Scrub	90,000	Salt Scrub + Massage	150,000
Coffee & Honey	150,000	Coffee and Honey + Massage	200,000
Tumeric Scrub	130,000		



10%
Discounted

Deep Tissue Massage Kneading Therapy

This treats musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. It promote faster healing by increasing blood flow and reducing inflammation.

150,000 **90min** ~~160,000~~

170,000 **2hrs** ~~180,000~~

FREE BODY SCRUB

Aromatic Oil Therapy Aroma

Aromatherapy massages combine soft, gentle pressure on your back, shoulders and head. You will inhale essential oils through a diffuser and absorbing them through your skin. Our massage therapist will usually decide which essential oils to use, but you can let them know if you have a preference.

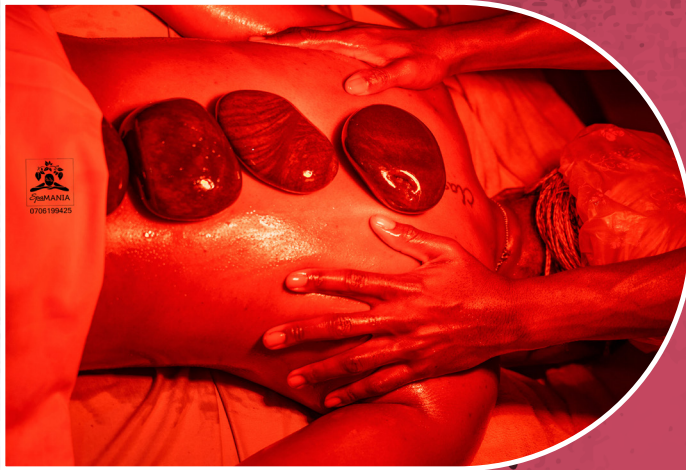


120,000 **60min**

130,000 **90min**

150,000 **2hrs**





Hot-Stone Basalt Therapy

With Hot Stone Massage the heat enhances the effect of increased circulation that massage induces. The client will also notice increased movement in joints due to warm tendons loosening faster. Overall it is both comforting beneficial.

130,000

60min

150,000

90min

170,000

2hrs

Swedish Massage Classic Massage

Swedish massage is the most popular type of massage. It involves soft, long, kneading strokes, as well as light, tapping strokes, on topmost layers of muscles. It improves lymphatic and blood circulation. This is also combined with movement of the joints. By relieving muscle tension, Swedish therapy can be both relaxing and energizing.

100,000

60min

120,000

90min

140,000

2hrs





Hot Towel Massage Therapy

The towel's warmth offers an effective way to improve circulation, reduce muscle soreness, and release tension. Whenever we're injured, we should focus on improving circulation to the area to promote faster healing. A massage is the best way to unwind and recover, and it can get even better. With the inclusion of a hot towel, a massage becomes much more relaxing and beneficial to the body. The heat from the towel opens up your pores and promotes circulation.

150,000 **60min**

170,000 **90min**

200,000 **2hrs**

Facial Massage

Facial massage helps you look and feel better.

Anti-aging and wrinkles. One of the main benefits of facial massage is its ability to improve the overall appearance of skin.

Mini Facial **80,000**

Organic Facial **100,000**

Anti -Aging Facial **150,000**



Prenatal Massage

Improves overall health, reduce stress and relieve muscle tension, headaches, back pains, joint pains and improves labor outcome and newborn health. It stimulate better sleep

150,000 **90min**

170,000 **2hrs**



Red Light therapy

Therapeutic Massage

Suitable for deep pains

Therapeutic Massage Therapy is defined as the mobilisation of soft tissue (such as muscle, fascia and body fluids) to restore normal systemic. It can be used to assist in the treatment of most musculo-skeletal and associated problems, and regular Therapeutic Massage

150,000 **60min**

170,000 **90min**

200,000 **2hrs**



Postpartum Massage

AFTER-BIRTH MASSAGE

Facial, Hot-stone, Waxing, Aromatherapy and V- steam

280,000 **3hrs**

Fundal massage is a uterine massage technique used by medical professionals to help the uterus contract back down to its usual size. It is thought that light abdominal massage may continue to be beneficial for up to 2 or 8weeks after birth



**Kira
Branch**



Facials

Hydra Facial

140,000

Darma Planning Facial

120,000




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V- Steam

Vaginal steaming is an age-old natural remedy said to cleanse the vagina and uterus, regulate menstruation, and ease period cramps and bloating.

30,000

45min

50,000

90min

Group Massage

Girls' day out, Bachelors' party, Anniversary Birthday celebrations

Bring your spouse and friends for rejuvenating sessions at SpaMania wellness centre. This comes with a variety of choices from our massage menu. Thai massage, Aromatherapy, body scrub, waxing, steam bath and Jacuzzi all aimed at relieving you and friends from the effects of stress.

This is accompanied with Healthy food, Green tea, Juice and Fruits

BRIDAL PACKAGE

1 massage session per week for a month

400,000

Per person

ANNIVERSARY PACKAGE

Swimming, Candle massage, Aromatherapy, Jacuzzi and flower decoration. Accompanied with wine, Juice and healthy tea

600,000

Two persons only

BIRTHDAY PACKAGE

Swimming, Aromatherapy, steam bath and flower decoration. (Jacuzzi for the Birthday person)

FREE FOOD, WINE & JUICE

4 people

790,000

5 people

980,000

8 people

1,150,000

10 people

1,500,000





KIDS massage

OUR PACKAGES

	45min	1hr
SpaMania Boo mini facial	50,000	70,000
Fairly oily back massage	50,000	60,000
Lil bae back massage	60,000	80,000
Sleepy sheep scalp and foot massage	80,000	100,000
Spa mania swimming (comes with juice and ice cream)		50,000

JACCUZI KIDS PACKAGES

Per Person	150,000	3 People	300,000
2 People	250,000	4 People	350,000



6-14 YEARS



Surprisingly
KIDS get
stressed as well



Cake slice 15,000=



Juice 10,000=



Ice Cream 10,000=



Please call our spa reservations team on +256 706 199425

